

MENU DAY 5

Breakfast

Raspberry muffins.

Selection of homemade quiches fresh fruit, steel cut oats, granola, OJ and light and dark roast coffees.

Lunch

Calzone with Italian sausage, mozzarella, roasted peppers, onions and mushrooms.Marinara dipping sauce.

Greek iceberg wedge salad feta, black olive, tomato, cucumber, pepper.

Dinner

Hors-d'oeuvres. Smoked fish board.

First. Arugula, pine nuts, and fresh melon salad drizzled with a balsamic reduction and olive oil.

Entrée. Sautéed spot prawn boil. With new potatoes and string beans.

Dessert. Lemon Cheese Cake with a Salmon berry sauce.?