

# MENU DAY 7

## Breakfast

*Banana nut muffins.*

*Blue berry pancakes, scrambled eggs, bacon and fresh fruit, homemade granola, steel cut oats, granola, OJ, light and dark roast coffees.*

## Lunch

*Crab cakes with smoked pepper remoulade sauce*

*Roasted corn tomato, tomato, pepper and green onion sauté.*

*Green salad with homemade creamy dressing? Same as remoulade???*

## Dinner

*Hours-d'oeuvres. Hummus and babaganoush platter with olives, feta, tomatoes and pita bread.*

*First. Wild rice and mushrooms soup.*

*Entrée. Captain Dennis Smoked King Salmon with a crème fraiche dill sauce.*

*Cauliflower purée, and roasted carrots.*

*Dessert. Chocolate soufflé with a cream anglaise.*



